



7 Week Program  
**MAR 9 – APR 27**  
**2010**

USFS Lapeer Skating Program  
**Polar Palace Arena Complex**  
3301 Davison Road  
Lapeer, MI 48446  
Phone 810.245.7778  
Fax 810.667.3639  
Internet [www.polarpalace.com](http://www.polarpalace.com)

### LEARN TO SKATE

#### TEAM OF INSTRUCTORS

Emily Cole  
Jackie Colpean  
Karen Lemieux

#### IMPORTANT DATES

**Spring Break – No Classes**  
April 2-11

**2010 Session 5 Begins**  
Tuesday, May 11

**Last Day for Enrollment**  
No later than 2nd week in session

#### SKATING SOURCES

[www.usfigureskating.org](http://www.usfigureskating.org)  
[www.sk8stuff.com](http://www.sk8stuff.com)

**\*USFS Annual Membership**  
Required once July 1 - June 30

A Potpourri of Learn-to-Skaters

# HOME SCHOOL, ETC. SESSION FOUR



*Where Skating Fun Begins.*

## US FIGURE SKATING CLASS STRUCTURE

**Home School, Etc. LTS (Ages 4 & Up)** The Home School, Etc. Learn-to-Skate program is designed for skaters age 4 & up for learning the basic fundamentals of skating according to the USFS guidelines. Group lessons will focus on developing a strong skating foundation while preparing the skater for safe recreational skating or advancement in both figure skating and hockey.

Most importantly, it is a great way for not only the home school children, but also preschool aged children, adults, etc. to exercise and make new friends with other students.

The Adult curriculum is designed to promote physical fitness, improve balance and coordination while learning proper skating techniques.

The one-hour class time includes a ½ hour group lesson and a ½ hour practice time.

## CLASS SCHEDULE & COST

(Cost includes six *free* public open skate pass per registration)

**Home School, Etc. LTS \$75\* (plus a \$10 USFS Membership Fee\*\*)**  
Tuesdays, Mar 9-Apr 27 12:30pm-1:30pm

\*10% discount for second and third family member.

\*\*USFS Annual Membership is required once July 1- June 30.



LEARN TO SKATE

s e s s i o n f o u r



Where Skating Fun Begins.

Return Service Requested

Polar Palace Arena Complex  
3301 Davison Road  
Lapeer, MI 48446

### HOME SCHOOL, ETC. REGISTRATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent's Name \_\_\_\_\_

Emergency Phone & Contact \_\_\_\_\_

Is there a skating goal for your skater? \_\_\_\_\_

Previous USFS Membership # \_\_\_\_\_

Level of Skating and/or Last Class Passed \_\_\_\_\_

Class you are Signing Up for \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Add'l Sibling(s)\* Signing Up Name \_\_\_\_\_  
\*10% discount for 2<sup>nd</sup> and 3<sup>rd</sup> skater in family  
or home school group Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Class \_\_\_\_\_

Name \_\_\_\_\_

Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Class \_\_\_\_\_

\*Fees must be paid on or before the 1<sup>st</sup> day of class & paid at the rink's front desk. Make checks payable to Polar Palace. Credit cards accepted. No refunds or credits will be issued without special approval by the Rink Manager, Program Director or receipt of Doctors note.

### QUESTION & ANSWER

Do you have a question? Please ask. We are here to help.

Q: Is there a charge for skate rental?

A: Yes. Skates are available for \$2 per pair, per class, per skater at the Skate Rental Desk. Helmets are \$2 per helmet, per class, per skater. Payment for the skate and helmet rental is completed at the rink's front desk. A receipt must be shown to the Skate Rental Desk for receipt of skates and/or helmet.

Q: Should my skater wear a helmet?

A: Helmets are required for all skaters (ages 6 and under) enrolled in Mice on Ice, Snow Plow Sam and Basic Skills. Bicycle helmets may be used.

Q: What type of clothing is suitable for my skater?

A: Dress your skater in warm, comfortable clothing which gives the skater the freedom to move. Soft, warm socks are recommended for the boots along with gloves (with fingers) for keeping hands warm.